Newsletter No.12 1 August 2023

HOME SCHOOL CONFERENCES AND MID YEAR REPORTS

A very big thank you to all whānau who attended the Home School Conferences last week. This was a great opportunity for parents/caregivers, teachers and students to meet together and share how school is going and how learning is progressing. Being able to talk face to face with our students' whānau is greatly appreciated.

The three winners of the Pak N Save voucher draw for attending Home School Conferences were: Sepi Fifita, Uaniva Ula, Geoffrey Kora

Congratulations to these people.

Any Mid-Year reports that were not collected by parents/caregivers at the conferences were sent home with students last Friday.

COMMUNITY CONSULTATION

Thank you very much to all the parents/caregivers who participated in the consultation during the Home School Conferences last week. We really appreciate the feedback to our consultation questions. The responses will be collated and your feedback will help us to focus on what's important for the community when we develop a new strategic plan for the school.

The winner of the \$100 Pak N Save voucher was Karina Low

YEAR 7 AND 8 CROSS COUNTRY

Last week Whaea Anet took 11 Year 7 and Year 8 students to the interschool cross country competition. There should have been 15, but some did not return their permission slips. The weather was perfect. Tama nui te ra was shining down on us. Parents and students had a great day. These are some of the comments students made afterwards.

The run was long and exhausting but in the end I was proud of what I did.

When I was running my legs were so tired.

I was having so much fun I didn't want to give up. I kept trying. I was so happy because I got to run against other schools and to never give up.

I was very proud even though I didn't get the placing I wanted. I really loved running cross country. It was the first time. It's not about winning. It's all about having fun. Just be proud of yourself. This was my first time to enter the cross country. It was an opportunity to meet new people from other schools.

It's not really about winning, It's about putting yourself out there and having fun.

If you feel tired just keep going.

Today was challenging and for the first time I have experienced "it's not about winning."

If you want to achieve anything in life, go hard for it.

We are looking forward to Tough Guy and Tough Gal at the end of the term!!!













COOK ISLANDS LANGUAGE WEEK 2023

This week is Epetoma o te reo Māori Kūki 'Āirani – Cook Islands Language Week. The theme is 'Ātuitui'ia au ki te au peu o tōku kāinga Ipukarea, which means, "connect me to the traditions & culture of my homeland".

FRIDAY GYMNASTICS

This term we are running a fun-filled gymnastics programme for students every Friday. Each class will get to attend 6 sessions. For the first 6 weeks of the term our junior classes are attending gymnastics. The gymnastics sessions are run by Gym City Papatoetoe who bring their equipment and set it up in the atrium and theatre in Te Puna. Senior classes will have their turn for the last 4 weeks of the term and first 2 weeks of next term. Senior classes will travel by bus to Gym City Papatoetoe's gymnasium for their sessions.



A MESSAGE FROM TE WHATU ORA - HEALTH NEW ZEALAND

This winter, between Monday 12 June and Saturday 30 September, participating community pharmacies in Auckland will provide a Minor Health Conditions Service for Māori and Pacific people, children aged under 14 years, and community service card holders.

The service allows pharmacists to have a clinical consultation and provide advice as well as medication if needed for a select set of minor health conditions at no cost to the patient.

It also includes whānau members of a child with similar symptoms. For example, if the pharmacist determines your child needs treatment for scabies and they have older brothers or sisters, or you yourself also have symptoms, they may provide advice and medication for all of you.

The following health conditions are included in the Minor Health Conditions Service:

- Acute diarrhoea
- Dehydration
- Eye inflammation and infections
- Scabies
- Headlice
- Pain and fever
- Eczema/Dermatitis
- Minor skin infections

If your condition needs further support, the pharmacist can tell you the best place to go to get further help.

Let's spread the word to our friends and whānau about this new service! It's also important to remember that you can always speak to your local pharmacist for free health advice, even if you are not eligible for this service.

Participating pharmacies can be found by going to HealthPoint and searching "Minor Health Conditions".