



National  
Hauora Coalition



## COVID-19 Level 2 – February 2021

Kia ora, Tālofa lava, Kia orana, Mālō e lelei, Fakaalofa lahi atu, Bula vinaka,  
Namaste, Mālō ni,

This is just a short message to confirm that our staff will be back on-site to support schools from September 7, 2020 so that tamariki and whānau can access the Mana Kidz service. We will have appropriate Personal Protective Equipment (PPE) to ensure we provide a safe service. Your school health team will be doing sore throat swabs from Thursday February 18<sup>th</sup>, 2021 to prevent Rheumatic Fever.

The school health team will work with you to coordinate the restart of class checks, to begin in the week of February 22, 2021.

Any staff who were working in COVID-19 facilities has had to stand-down from that mahi for a minimum period of 48 hours and test negative for COVID-19 before being allowed back into schools. Staff are also required to work at a single site (Mana Kidz school) and will **not** be able to work at both a COVID-19 facility (testing or isolation etc) as well as schools until Government give the direction to do otherwise.

We will continue to offer remote support to allow whānau who are not at school to access the Mana Kidz service. We ask that whānau text or phone their clinic if they are concerned for an unwell child who is not at school. Alternatively if whānau phone the school reporting an unwell child, we ask that this is passed on to the school health team, and whānau given the option to call the school who can record sick students and communicate the need for assistance to the school nurse.

We encourage referrals to continue as per normal. It is important we continue to work and minimise any rise in rheumatic fever. **Mana Kidz can help with:**

- Sore throats
- Skin health concerns, like eczema or infections
- Headlice
- Asthma or breathing concerns
- Immunisation support
- Ear and vision health concerns
- Any other health concern a child may have

### COVID-19 Symptoms

If there are concerns that children have symptoms consistent with COVID-19 then whānau should be advised that their child will need to stay at home. They will need to be tested for COVID-19 at a Community Based Assessment or Testing centre or at their GP. For details please see the last page of this panui or speak to your health team.



If you are concerned for a child who is unwell please advise caregivers to keep their child at home and phone or text the school health team or their GP. Alternatively, they can contact the dedicated **Healthline number 0800 358 5453 (open 24 hours a day)**

If you have any questions about the Mana Kidz service please contact your clinical team in the first instance, or contact us at **Mana Kidz Hub 0800 MK TEAM between 8am and 5pm**

We will continue sending regular emails to update any changes to the Mana Kidz programme. For NZ wide updates and information please see <https://covid19.govt.nz/>

# PROTECT YOURSELF AND OTHERS FROM COVID-19

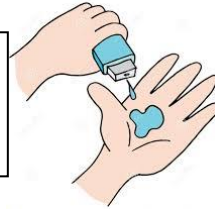


Cover coughs and sneezes

Don't forget to clean and disinfect frequently touched surfaces and objects, like doorknobs

Remind children to clean their hands each time you see them or between tasks/classes

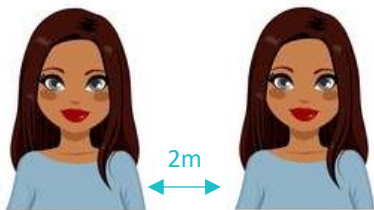
Clean your hands (for 20 seconds!) with soap and hot water or hand sanitiser



Stay home if you are unwell with a runny nose, cough or sore throat, have a fever or have been in close contact with someone being tested for COVID-19

Anyone with a high temp, cough, runny nose or trouble breathing should be advised to go home

Advise caregivers to keep children at home if they are unwell with cough, runny nose, sore throat or fever. If a child has a sore throat please contact the Mana Kidz team for sore throat management



Physically distancing when possible in meetings or gatherings (sitting further apart = less chance of breathing in droplets of someone sneezing and/or coughing)

It's best not to shake hands, kiss hello or hongi for now



Anyone feeling unwell should ring Healthline on the dedicated COVID-19 number: **0800 358 5453** or ring their GP and they'll be advised what to do.



It is normal to feel stressed or anxious in these situations. For support you can call or text **1737** to talk with a trained counsellor for free, 24 hours a day, 7 days a week

## Local COVID-19 testing centres

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Centre Name, and Address	Operating Hours
<b>THE WHĀNAU ORA COMMUNITY CLINIC</b> 25 Druces Road, Wiri	Open Thurs-Fri 8:30am to 4:30pm and Sat 8:30am to 2:30pm
<b>ŌTARA COMMUNITY TESTING CENTRE</b> Ōtara Town Centre, 14 Fair Mall, Ōtara	Open Wed-Fri 8:30am to 4pm and Sun 10am to 2pm
<b>TAKANINI URGENT CARE</b> 106 Great South Road, Takanini	Open Thurs and Fri 8:00am to 6:00pm

Anyone feeling unwell should stay home and ring Healthline on the dedicated COVID-19 number or ring their GP or closest testing centre and they'll be advised what to do.

If you have any questions please contact your school health team, the Mana Kidz hub, your GP or Healthline on **0800 358 5453**

For **up to date** COVID-19 testing locations, including pop-up testing centres, check out this link: <https://www.arphs.health.nz/public-health-topics/covid-19/where-to-get-tested/>