

BULLYING-FREE NEW ZEALAND WEEK



This week, 16-20 May, is Bullying-Free New Zealand Week and includes Pink Shirt Day on Friday. The week follows the theme He kōtuinga mahi iti, he hua pai-ā rau: Small ripples create big waves. As well as learning activities during the week we encourage everyone to wear something pink on Friday.

At Wiri Central School we want to provide a safe, learning environment for all students. We all have a part to play in making this a reality. It's important to talk about bullying and not let it live or grow in silence. Talking about it shines a light on it and stops bullying from being hidden or ignored. If you're being bullied or know that someone else is being bullied, tell someone you trust. You might think it will make it worse, but doing nothing won't help it go away. During the week classes will be participating in a range of activities to develop greater understanding of bullying behaviour and how to deal with it.

So, what is bullying?

We hear the word bullying a lot. What is really important is that we understand what it is (and what it is not). When we all have a shared understanding of bullying, we can recognise it, deal with it when it happens and most of all, stop it from happening in the first place.

There are 3 key features of bullying:

- It is done on PURPOSE; there is nothing "accidental" or unplanned about bullying.
- It is a PATTERN; it happens over and over again.
- It is all about POWER; one person (or a group) has more control and influence than their target.

At school, if you are feeling bullied (or unsafe/unhappy) please tell someone. The first step to stopping bullying is for us to know it is happening. **Please tell us!** If you are not able to tell your teacher you could:

- tell another adult at school that you feel comfortable talking to
- tell a friend (ask your friend to tell for you or support you to tell an adult)
- tell someone at home so they can support you to let us know at school

If we all take action to prevent bullying, if we speak out against bullying and show kindness to others our ripples can create change. Small ripples create big waves: our actions have an impact, and small actions together, can create a wave of change.

BREAKFAST, MORNING TEA AND LUNCH

Breakfast Club is every school day morning 8.15 - 8.45am. Come to the Food Tech room for breakfast.

We are part of the Fruit is Schools programme. Every child is given fruit for morning tea every day.

We are also part of ka ora, ka ako- the lunches in schools programme. This is provided for every child every day. During term 2 there will be 3 hot lunches every week. For menu details look at the school website.

www.wiricentral.school.nz

ABSENCE FROM SCHOOL DUE TO COVID-19

Please continue to let the school know if your child is absent from school because they are unwell with COVID-19. We will then know that your child will not be returning to school for the next 7 days. We have also been asked by the Ministry of Education to report the number of children each week who have been unwell with COVID-19. We only report numbers, not names or any other details.

SWIMMING

The Pools in Schoolz portable pool is being well used. We have had four fabulous weeks of swimming. Swimming days are:

Monday - Roopu Toroa

Tuesday - Fofoa i Vaoese

Wednesday - Roopu Tūi

Thursday - Roopu Pūkeko

Friday - Mōkai Āwhina

Remember - The pool is heated and covered and life jackets are available for use by smaller/younger students if required. As well as bringing their togs and a towel students need to bring a plastic bag to keep their belongings in.

WIFI OPPORTUNITY - THE CAUSE COLLECTIVE

The Cause Collective have placings of wifi for 10 Wiri Central School families.

The wifi connection is for 12 months at no cost to the family.

If you are interested in this opportunity please contact Tofilau Ah Chong, Neighbourhood Lead

e: tofilau.a@thecausecollective.org.nz

m: 021 332 548

www.thecausecollective.org.nz



SCHOOL GATES

If you are dropping off or picking up children, the safest place to park and wait is at the Community Hall. The school gate nearest the hall opens at 8:00am. The gate on Inverell Ave opens at 8:30am.

A MESSAGE FROM TE KŌTUKU KI TE RANGI: ISOLATION SUPPORT

We are supporting whānau in isolation or who are supporting those in isolation throughout Tāmaki Makaurau – happy to help however we can.

All contact needs to come through our 0800 number: **0800 731 188** and the below essential services are free of charge (Hours: 9am until 6pm Monday to Friday excl. public holidays).

If you live in the North Shore, Central or South Auckland and have a confirmation text or email from the Ministry of Health of a positive household case, you are eligible for the below support:

- **Essential Kai**
 - Groceries
 - Mama/Baba needs – Nappies, wipes
 - Dog/Cat food – Basic biscuits

- **Essential Information**
 - COVID-19 Management information – isolation guidelines, testing regimes etc
 - Friendly ear at the end of the phone for any other issues that may arise.